

GLUTEN - FREE

BUDDHA BOWLS

GALAXY BUDDHA BOWL*

Steamed kale, homemade lentils, brown rice pilaf, roasted sweet potatoes, mushrooms and a side of chile peanut vinaigrette. Served with a choice of grilled chicken or steamed veggies. 11.99

MAGNOLIA BUDDHA BOWL*

Seasoned ground beef with onions and bell peppers, sautéed seasonal veggies and fresh spinach all served over our brown rice pilaf. Topped with chopped pineapple, toasted coconut and our tangy ginger aioli. 11.99

ZOCALO BUDDHA BOWL*

Achiote grilled chicken with black beans, fresh spinach, brown rice pilaf, grilled corn salsa, Monterey Jack cheese and crispy tortilla strips. Served with our homemade creamy tomatillo and avocado dressing. 11.99

ROASTED VEGGIE BUDDHA BOWL

Slow roasted broccoli, carrots, cauliflower, Brussels sprouts, and crispy kale topped with sesame seeds. Served over our brown rice pilaf with a lemon tahini vinaigrette. 11.99

ADD CHICKEN 3.29, SHRIMP 3.69, STEAK 4.99 OR AVOCADO 2.19

BREAKFAST SALADS

7AM - 11:30AM WEEKDAYS
7AM - 4PM WEEKENDS

GALAXY BREAKFAST BOWL*

Black beans, bacon, sautéed spinach & skillet potatoes topped with two eggs cooked your way & avocado. 9.99

BIG BREAKFAST*

Scrambled eggs, two strips of bacon, two sausage patties, skillet potatoes. Served with rice bread. 12.99

DENVER SCRAMBLE*

Scrambled eggs with Canadian bacon, cheddar cheese, yellow onion, red & green bell peppers. Served with skillet potatoes and rice bread. 10.49

MEDITERRANEAN BREAKFAST*

Eggs scrambled with fresh roma tomato, feta cheese & fresh basil. Served with rice bread & a cup of fruit. 11.29

HOMEMADE OATMEAL

With milk, raisins & brown sugar. 5.49
Add Bananas .79
Add Strawberries 1.29

YOGURT PARFAIT

Our homemade granola with fruit and organic vanilla yogurt. 7.49

AMERICAN BREAKFAST*

Scrambled eggs, bacon & rice bread. 9.99

BUILD YOUR OWN BREAKFAST WRAP*

3 scrambled eggs & your choice of 3 ingredients, wrapped in a rice tortilla 8.99

CHEESES: Cheddar, Fresh Mozzarella, Smoked Gouda, American.

MEATS: Bacon, Breakfast Sausage, Canadian Bacon.

VEGGIES: Potatoes, Onions, Mushrooms, Jalapenos, Black Beans, Vegetarian Refried Beans, Green Bell Peppers, Red Bell Peppers, Baby Spinach, Tomato.

Additional ingredients .79 Add Avocado 2.19

SKILLET POTATOES 3.29

BLACK BEANS 2.29

VEGETARIAN REFRIED BEANS 2.29

HICKORY SMOKED BACON (3) 2.99

PORK SAUSAGE PATTIES 2.99

FRESH SEASONAL FRUIT MIX 3.29

WRAPS

G-FREE GRILLED FISH WRAP SERVED WITH A SIDE

Grilled white fish, red & green cabbage, cheddar cheese, roma tomato & our jalapeño-lime sauce. 11.99 Add Avocado 2.19

G-FREE GRILLED CHIPOTLE CHICKEN WRAP SERVED WITH A SIDE

Free range grilled chicken, cheddar cheese, pico de gallo, black beans, green leaf lettuce and chipotle mayo. 11.99

Add Avocado 2.19

G-FREE CHIMICHURRI STEAK WRAP* SERVED WITH A SIDE

Hormone free grilled skirt steak with chimichurri sauce, jack cheese, roasted red bell peppers, green leaf lettuce and red onions. 11.99 Add Avocado 2.19

GREEK SALAD

Romaine lettuce, cucumber, red bell pepper, greek olives, feta cheese, roma tomato, red onion and a side of honey balsamic vinaigrette. 10.49
Add Grilled Chicken 3.29
Add Avocado 2.19

GRILLED SALMON SALAD

Grilled salmon cooked medium and served over a bed of mixed field greens with mandarin oranges, tomato, red onions and a side of creamy dill dressing. 13.99
Add Avocado 2.19

HOT SHRIMP SALAD WITH BABY SPINACH

Shrimp sautéed in olive oil & crushed red pepper over a bed of baby spinach, toasted pine nuts, hardboiled egg, roasted red bell peppers & a side of honey balsamic vinaigrette. 13.49

ASIAN SEARED TUNA SALAD*

Sesame crusted, wild-caught, medium rare tuna steak over a bed of mixed field greens with cucumber, edamame, crispy vermicelli rice noodles & a side of sesame soy vinaigrette. 14.49
Add Avocado 2.19

HOUSE SPINACH SALAD

Baby spinach, bacon, roma tomato, radicchio, red onion & a side of roasted shallot vinaigrette. 10.49
PLEASE REQUEST NO WALNUTS.
Add Chicken 3.29
Add Avocado 2.19

KIDS MENU

G-FREE PASTA

Served with red sauce & topped with parmesan cheese. 6.99
Please Request No Meatball

GRILLED CHICKEN

Served with choice of side. 6.49

G-FREE QUESADILLAS

On rice tortillas with cheddar served with choice of side. 6.99

SERVED ON RICE TORTILLAS

G-FREE VEGGIE WRAP SERVED WITH A SIDE

Zucchini, yellow squash, red bell pepper, carrots, cheddar cheese, black beans, green leaf lettuce, roma tomato & chipotle mayo. 11.49 Add Avocado 2.19

G-FREE PORTABELLA MUSHROOM WRAP SERVED WITH A SIDE

Balsamic marinated, grilled Portabella mushroom with fresh mozzarella cheese, roasted red bell peppers, spinach, avocado and pesto mayo. 11.99

G-FREE CLUB WRAP SERVED WITH A SIDE

Smoked turkey, bacon, cheddar cheese, green leaf lettuce, roma tomato, mayo & dijon mustard. 11.49 Add Avocado 2.19

DINNER SPECIALS

AVAILABLE 5PM - 10PM EVERYDAY

GRILLED STEAK WITH CHIMICHURRI SAUCE*

Hormone-free grilled skirt steak. Served with choice of side & choice of soup or side salad. 13.99

GRILLED SALMON*

Grilled salmon filet with an herbed butter, brown rice pilaf & steamed seasonal veggies. Served with choice of soup or side salad. 14.99

G-FREE PASTA WITH HOMEMADE MARINARA

Gluten-free linguine with your choice of chicken or steamed veggies topped with parmesan cheese. Served with choice of soup or side salad. 14.99 Sub Sautéed Shrimp .99

G-FREE PASTA WITH LEMON-CILANTRO BUTTER

Gluten-free linguine with your choice of chicken or steamed veggies topped with parmesan cheese. Served with choice of soup or side salad. 14.99 Sub Sautéed Shrimp .99

ROASTED TOMATO AND PROSCIUTTO GRILLED CHICKEN

Hormone-free chicken breast in our homemade citrus marinade, topped with roasted tomatoes, thinly sliced prosciutto & fresh basil. Served with brown rice pilaf & choice of soup or side salad. 13.99

SANDWICHES

ON GLUTEN-FREE BREAD

G-FREE MOZZARELLA SANDWICH SERVED WITH A SIDE

Fresh mozzarella cheese with basil and Balsamic roasted tomatoes on rice bread drizzled with olive oil. 11.29
Add Prosciutto 2.29 • Add Avocado 2.19

G-FREE BRIE & SMOKED TURKEY SANDWICH SERVED WITH A SIDE

Smoked turkey and creamy french brie with mixed greens, tomato and chipotle apricot jam on rice bread. 11.79
Add Avocado 2.19

HORMONE FREE ALL NATURAL BURGERS

BUILD YOUR OWN G-FREE BURGER* SERVED WITH A SIDE

Choice of patty (Harris Ranch Beef, Ground Turkey, Homemade Veggie Patty) on a gluten-free bun with green leaf lettuce, red onion, tomato & mayo. 11.99

Cheddar Cheese, American Cheese, Jack Cheese, Grilled Jalapeños, Balsamic Roasted Tomatoes, Carmelized Onions .59¢ each

Bacon, Swiss, Gruyere, Fresh Mozzarella, Sautéed Mushrooms .79¢ each
Avocado 2.19, Prosciutto 2.29

G-FREE MUSHROOM SWISS BURGER* SERVED WITH A SIDE

Hamburger patty on a gluten-free bun with sautéed mushrooms & gruyere swiss cheese, green leaf lettuce, red onion, tomato & mayo. 12.99

G-FREE BLEU CHEESE BACON BURGER* SERVED WITH A SIDE

Hamburger patty on a gluten-free bun with bleu cheese crumbles, hickory smoked bacon, green leaf lettuce, red onion, tomato & mayo. 12.99 Add Avocado 2.19

G-FREE SMOKED TURKEY SANDWICH SERVED WITH A SIDE

Smoked turkey with smoked gouda cheese on rice bread with green leaf lettuce, red onion, tomato & honey dijon dressing on the side. 10.99 Add Avocado 2.19

G-FREE GRILLED CHICKEN SANDWICH SERVED WITH A SIDE

Free range chicken breast on a gluten-free bun with fresh mozzarella cheese, hickory smoked bacon, green leaf lettuce, red onion, tomato & mayo. 12.99 Add Avocado 2.19

G-FREE ZOCALO BURGER* SERVED WITH A SIDE

Hamburger patty seasoned with crushed red pepper on a gluten-free bun. Topped with grilled jalapeños, grilled onions & melted jack cheese. Served with green leaf lettuce, tomato & chipotle mayo on the side. 12.99 Add Avocado 2.19

G-FREE BRIE BURGER* SERVED WITH A SIDE

Hamburger patty on a gluten-free bun with creamy french brie, carmelized onions. Served with mixed field greens & dijon mustard on the side. 12.99

G-FREE TURKEY BURGER ROYALE SERVED WITH A SIDE

Ground turkey patty on a gluten-free bun with smoked gouda cheese, sliced avocado, green leaf lettuce, tomato, red onion and mayo. 12.99

G-FREE VEGGIE BURGER DELUXE (V) SERVED WITH A SIDE

Our homemade vegan patty on a gluten-free bun topped with sliced avocado & sautéed mushrooms. Served with mixed field greens, tomato, & red onion. 12.99 *Please Request No Pesto Mayo.*

SIDE ITEMS

KETTLE POTATO CHIPS 1.99

SEASONAL VEGGIES 3.79

BLACK BEANS 2.29

SWEET POTATO FRIES 4.29

BROWN RICE PILAF 1.99

FRENCH FRIES 3.99

FRESH FRUIT 3.29

WHIPPED SWEET POTATOES 3.79

Mix of seasonal fruit.

With butter & brown sugar.

SOUP CUP 3.59

Mexican Lime Soup, Tomato Soup or Chicken Tortilla Soup

Please Request No Tortilla Strips

SIDE SALAD 3.79

Romaine lettuce, radicchio, roma tomato & red onion. Served with choice of sesame soy vinaigrette, garden ranch or honey dijon.

DESSERTS

FLOURLESS CHOCOLATE TORTE 5.39

CRÈME BRÛLÉE 5.99

NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

PLEASE DISCUSS SPECIFIC FOOD ALLERGIES WITH A MANAGER

* THESE ITEMS ARE COOKED TO ORDER AND MAY BE SERVED RAW OR UNDER COOKED.

PLEASE NOTE THAT PRODUCTS CONTAINING GLUTEN ARE PREPARED IN OUR KITCHENS AND ON OUR GRILLS. WE HIGHLY RECOMMEND DISCUSSING YOUR SPECIFIC DIETARY RESTRICTIONS WITH OUR MANAGERS.